

A Note to Caregivers:

The Stem Cell Transplant Coloring Book

This coloring book is for children with blood cancer who are coping with having a stem cell transplant. It is also for brothers, sisters, friends and classmates of the young patient, and children with a parent who is having a stem cell transplant. The pictures and activity

pages depict the experiences of Sam and Serena, two young stem cell transplant patients. Through these experiences, the coloring book provides support and encouragement. Caregivers may find that with children of any age, using it together helps to generate discussion, questions and expression of feelings. Additional stem cell transplant education materials are listed in the Resource section on the back page.

Stem cell transplant policies and procedures vary from one medical center to another. Some of the illustrations and captions may not reflect the experience at your hospital. This may need to be explained to the young patient. For example, Sam and Serena's visitors wear masks and gloves; their visitors do not wear gowns or shoe covers.

Acknowledgement

The Leukemia & Lymphoma Society (LLS) gratefully acknowledges, for her critical review and important contributions to the material presented in this publication,

Wendy Landier, PhD, CRNP, FAAN

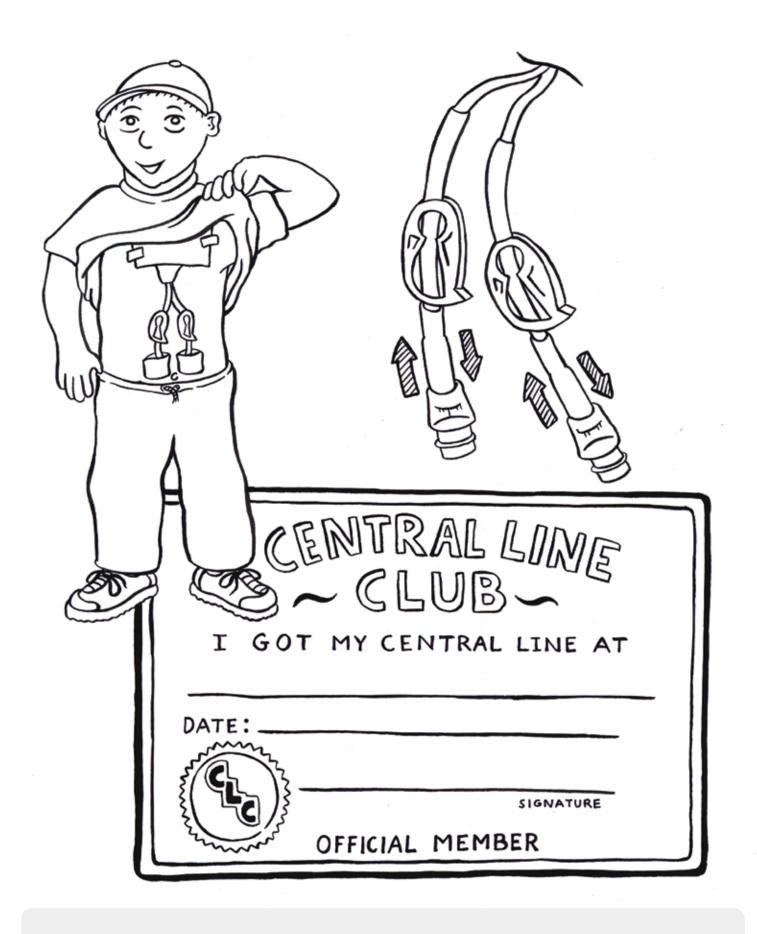
Associate Professor, Division of Pediatric Hematology/Oncology Associate Professor, School of Nursing Member, Institute for Cancer Outcomes and Survivorship School of Medicine, University of Alabama at Birmingham Chair, Children's Oncology Group Nursing Discipline Birmingham, AL

LLS thanks Brian Yanish and Nikki Shaner-Bradford for their contribution for the drawings in this book.

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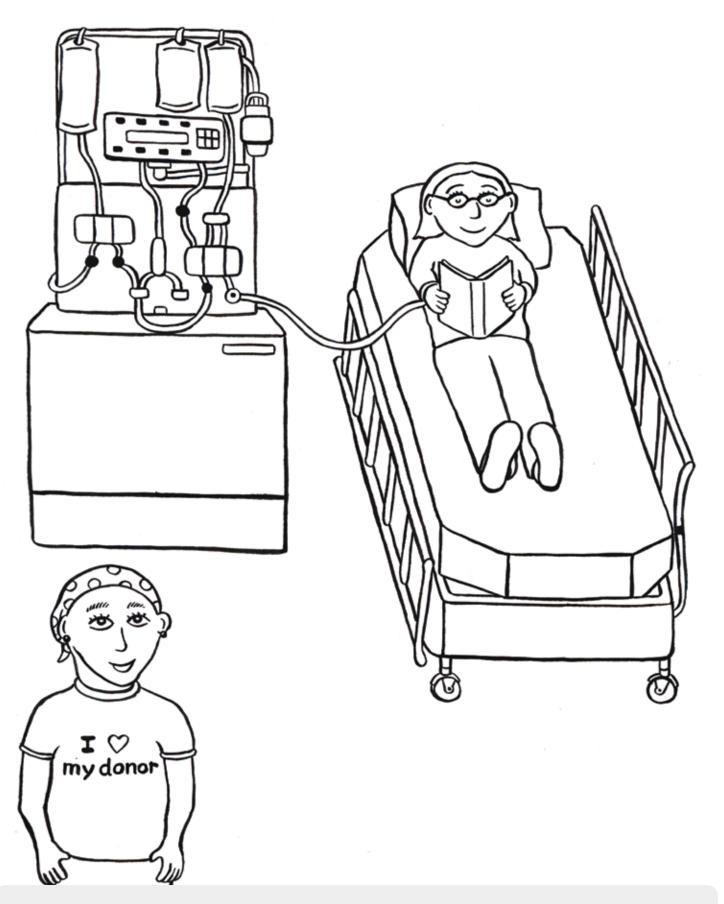
Hi, my name is Sam. Let me show you my hospital room. I brought some favorite things from home.



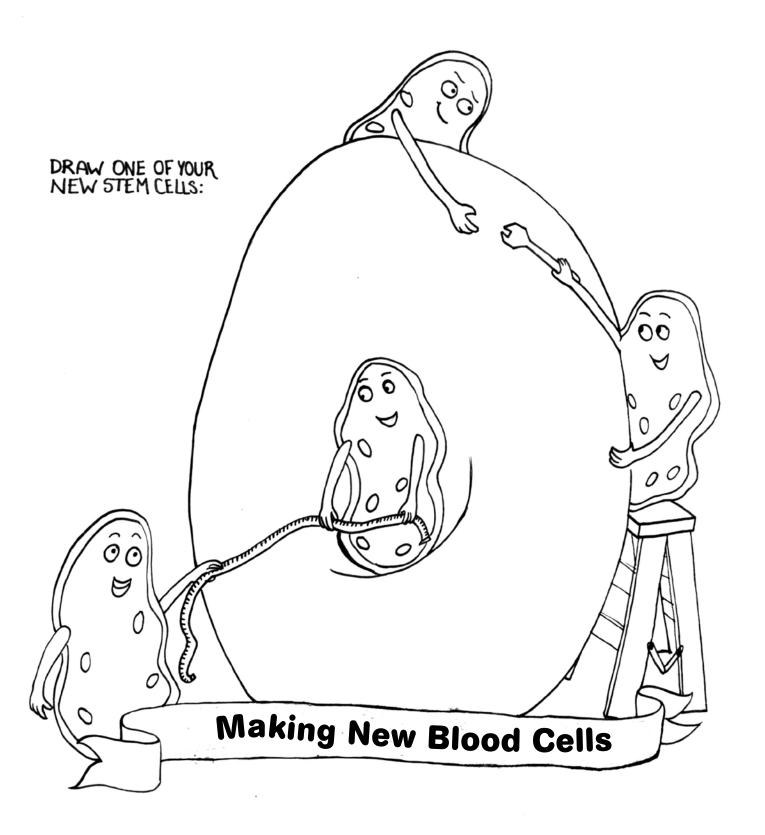
My central line is for getting medicine and blood tests.



I'm Serena. I'm getting chemo to get rid of the bad cells that are not working right and make room for my new blood cells. I'm listening to music and thinking about ice skating.

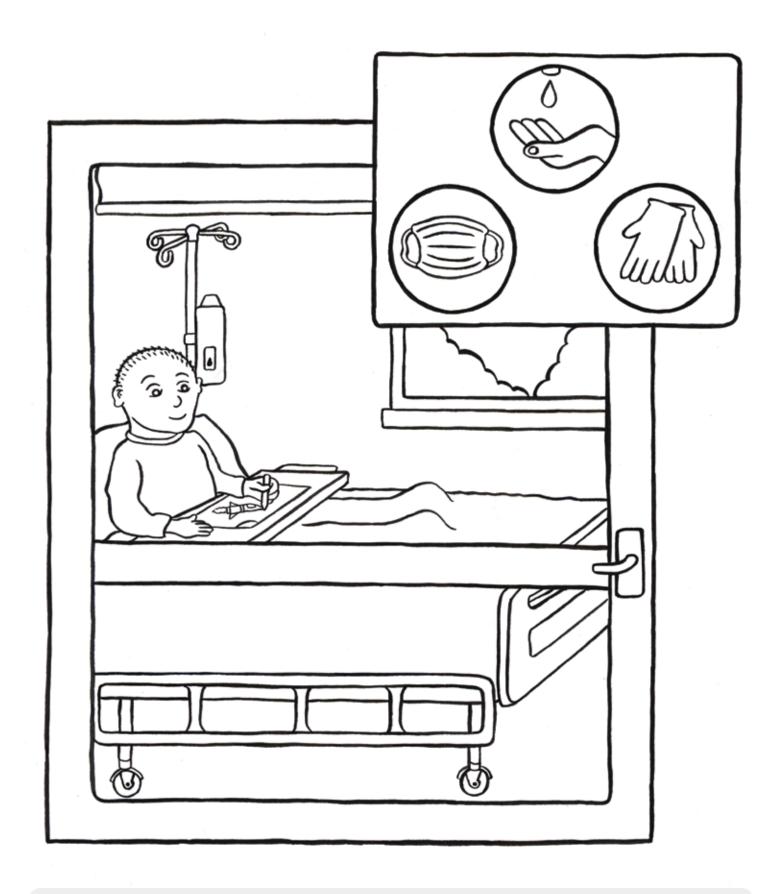


Stem cells can come from bone marrow or blood. My donor's stem cells are being collected from her blood by a special machine.



My new stem cells have to learn to work together with my body to make my new blood cells.

My new blood cells will keep me healthy and strong.

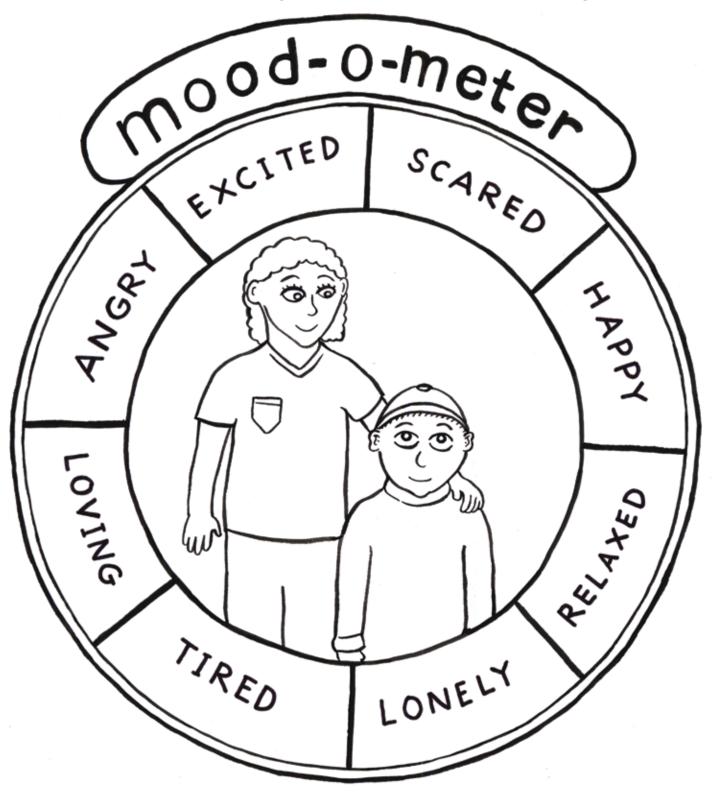


Today is transplant day. Sam has to stay in his room. Everyone who comes to see him washes their hands first. At Sam's hospital they also wear masks and gloves.



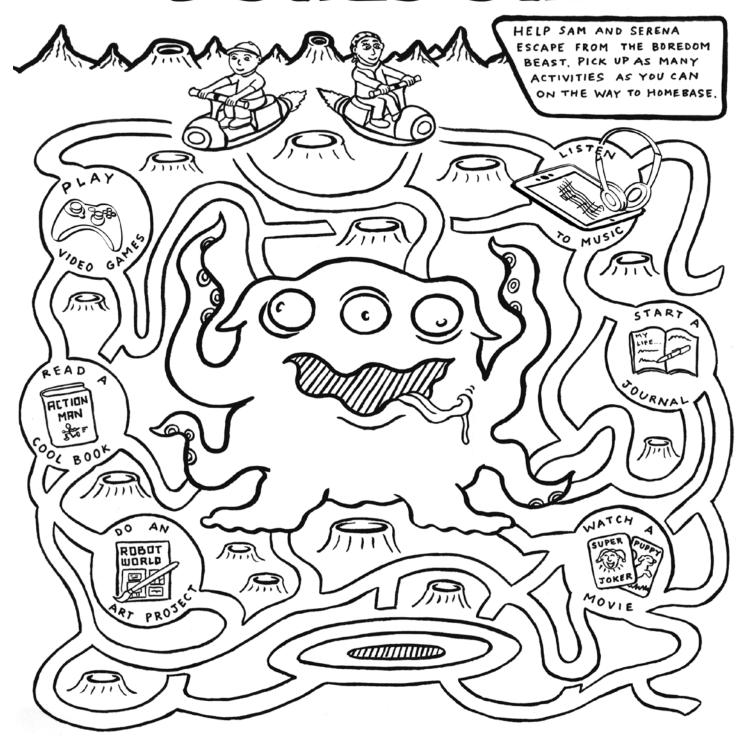
Serena's transplant team visits every day. They talk to her about her tests and treatments and they tell her jokes. She asks them questions and tells them jokes too.

How do you feel today?



Some days Sam does not feel like talking at all. Other days he is excited about getting well and going home. He tells his nurse how he feels.

ESCAPE FROM BOREDOM



Sam and Serena do all sorts of activities to help pass the time. Do you like to do any of these?

What else do you like to do?



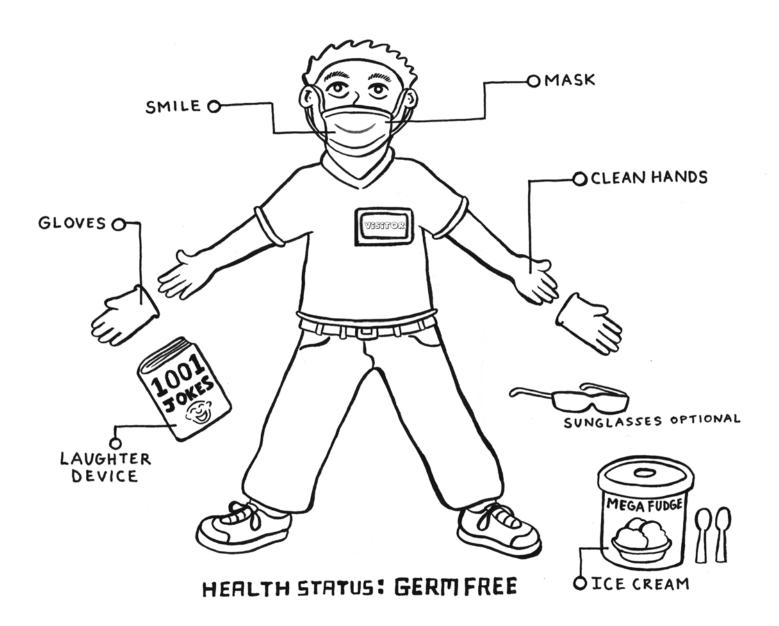
Sometimes Serena's mom or dad stays overnight.

During the day they play games and watch movies.

When her family is not visiting they talk on the phone.

She knows they care about her.

Visitor anatomy



What things have your visitors brought you?

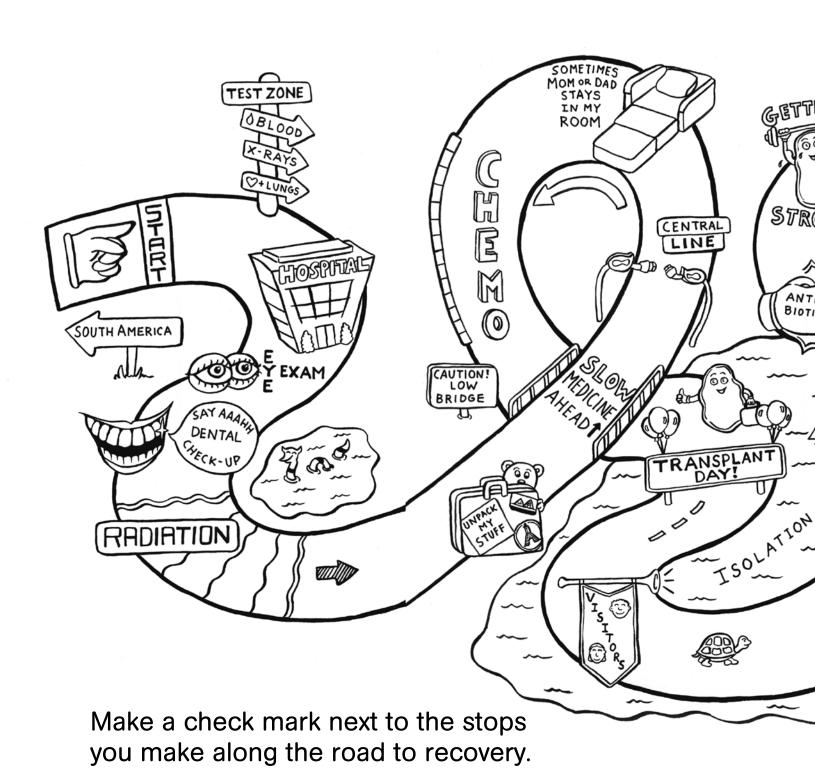


The teacher works with Sam so he can learn new things. He wonders what his class at school is doing today.

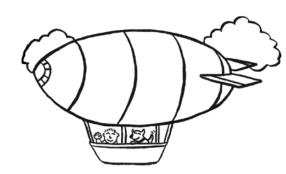


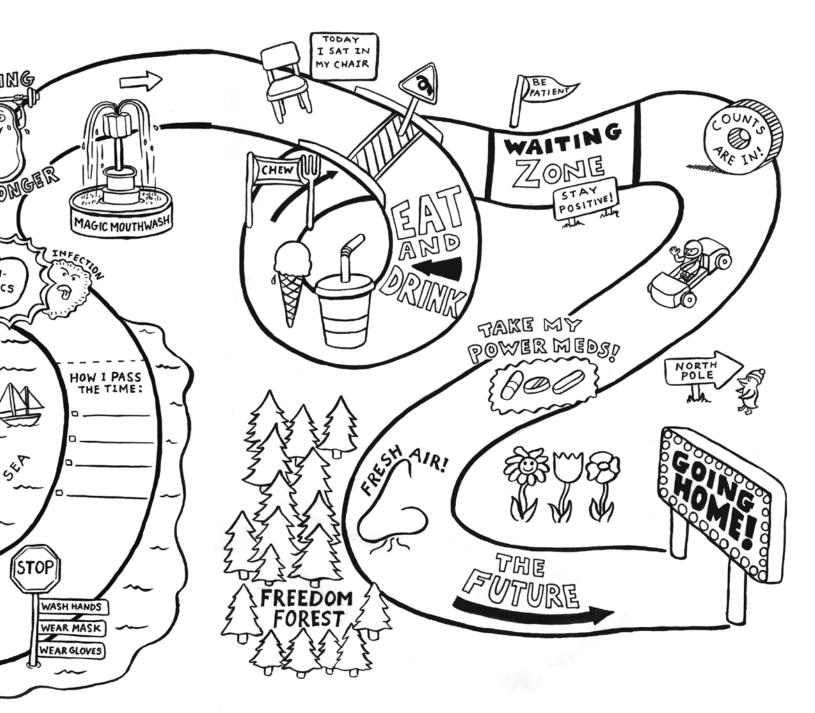
Serena can't wait to see her friends.

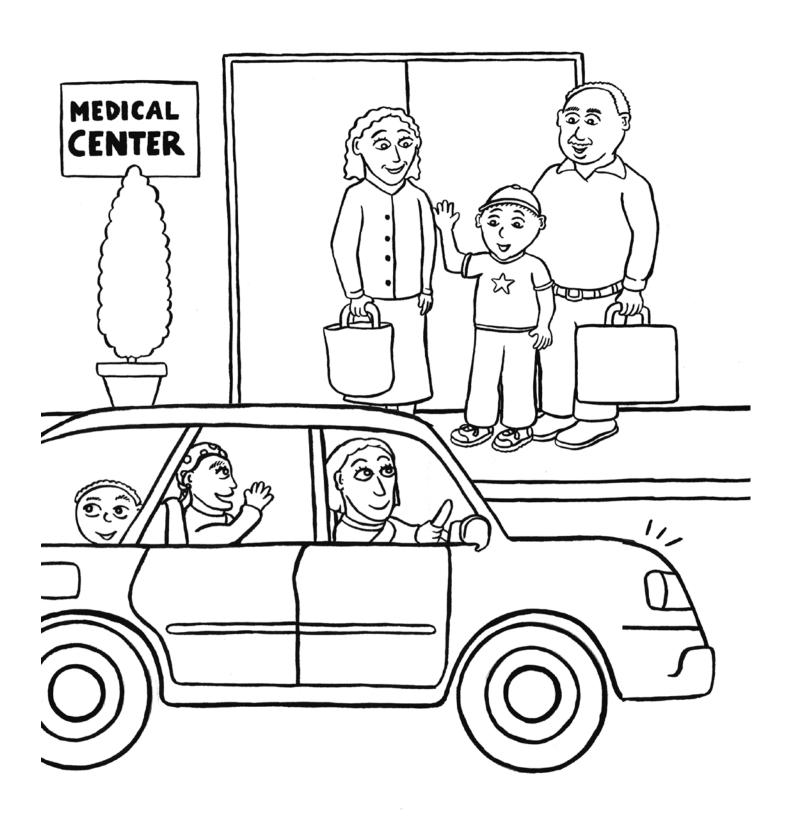
The Road To Re



covery







Sam and Serena's blood counts are good.

They are getting stronger and it is time to go home!

LLS Resources

Co-Pay Assistance Program. This program offers assistance for financially eligible patients with certain blood cancer diagnoses to help pay for private or public health insurance premiums and/or co-pay costs for prescription medications. Check www.LLS.org/copay or call (877) 557-2672 to speak to a Co-Pay Assistance Program specialist for eligibility information.

LLS Community. This is a one-stop virtual meeting place for chatting with other patients and staying upto-date on the latest diagnosis and treatment news. Share your experiences with other patients and caregivers and get personalized support from trained LLS staff. To join, visit www.LLS.org/community.

Other Helpful Organizations. Our website, www.LLS.org/resourcedirectory, offers an extensive list of resources for patients and families about financial assistance, scholarships, counseling, transportation, summer camps and other needs.

Suggested Reading. Read a variety of perspectives about how others have dealt with cancer or what advice they would share. You can reach a listing of select books that we recommend for patients, caregivers, children and teens about coping with illness, cancer in the family, grief and inspiration. For more information, visit www.LLS.org/suggestedreading.

School Reentry. The Trish Greene Back to School Program for Children With Cancer is a program designed to increase communication among healthcare professionals, school personnel, parents and patients to assure children with cancer a smooth transition back to school. For more information, visit www.LLS.org/backtoschool.

Telephone/Web Education Programs. LLS provides a number of free, live telephone and web education programs presented by experts for families and parents of children with cancer. Visit www.LLS.org/programs for more information.

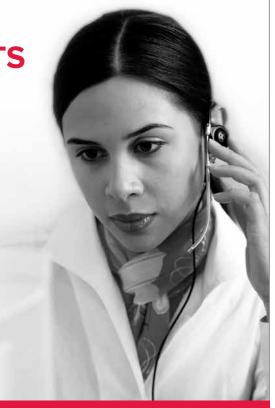
REACH OUT TO OUR INFORMATION SPECIALISTS

The Leukemia & Lymphoma Society's (LLS) Information Specialists provide patients, families and healthcare professionals with the latest information on leukemia, lymphoma and myeloma. Our team consists of master's level oncology social workers, nurses and health educators who are available by phone Monday through Friday, 9 am to 9 pm (ET).

Co-Pay Assistance

LLS's Co-Pay Assistance Program helps blood cancer patients cover the costs of private and public health insurance premiums, including Medicare and Medicaid, and co-pay obligations. Support for this program is based on the availability of funds by disease.

For more information, call 877.557.2672 or visit www.LLS.org/copay.



For a complete directory of our patient services programs, contact us at

800.955.4572 or www.LLS.org

(Callers may request a language interpreter.)



National Office

3 International Drive, Suite 2, Rye Brook, NY 10573 Contact our Information Specialists 800.955.4572 (Language interpreters available upon request)

disease and myeloma, and improve the quality of life of

patients and their families. www.LLS.org

